PASTORAL CARE TRAINING FOR WORSHIP LEADERS

<u>Pastoral Theology</u> = theology in practice of caring for others

- *Pastorhood* of all believers: unmet human needs in every church & community numerous & varied single pastor can only meet a fraction
- Enhancement of individual ministries in fulness of scope
- About being with one another, sharing appropriate Scripture, pointing to Presence of God
 - Challenges & celebrations
 - o Concept of "walking with" someone

Pastoral Practice

- Compassionate listening
 - Not being called to solve
 - o Remember God is involved & individuals have relationship with God
 - Minimal prompts
 - o Summarize =(reflect)what have heard
 - May/may not need leading question to follow
- Do what we can in the time available
 - o 2-minute pastoral care
 - o May be partially a prayer
 - Offer ongoing prayer & ask if desire a check-in
- Referral if warranted: person sent / go with / share with priest
- Do not agree to confidentiality offer discretion & note ministry is under supervision of priest

Pastoral Challenges

- Not having our own concerns get in the way
- Insufficient time/opportunity for focus
- Uncertain about urgency or depth of concern
- Clearly "over my head"
- Disengaging from someone speaking in circles
- People coming with divisive issues
- Triangulation
- concerns?

Pastoral Oversight

- Regular check-in
- Discuss with other WL, maintaining subjects' anonymity
- Always feel comfortable turning to priest for support